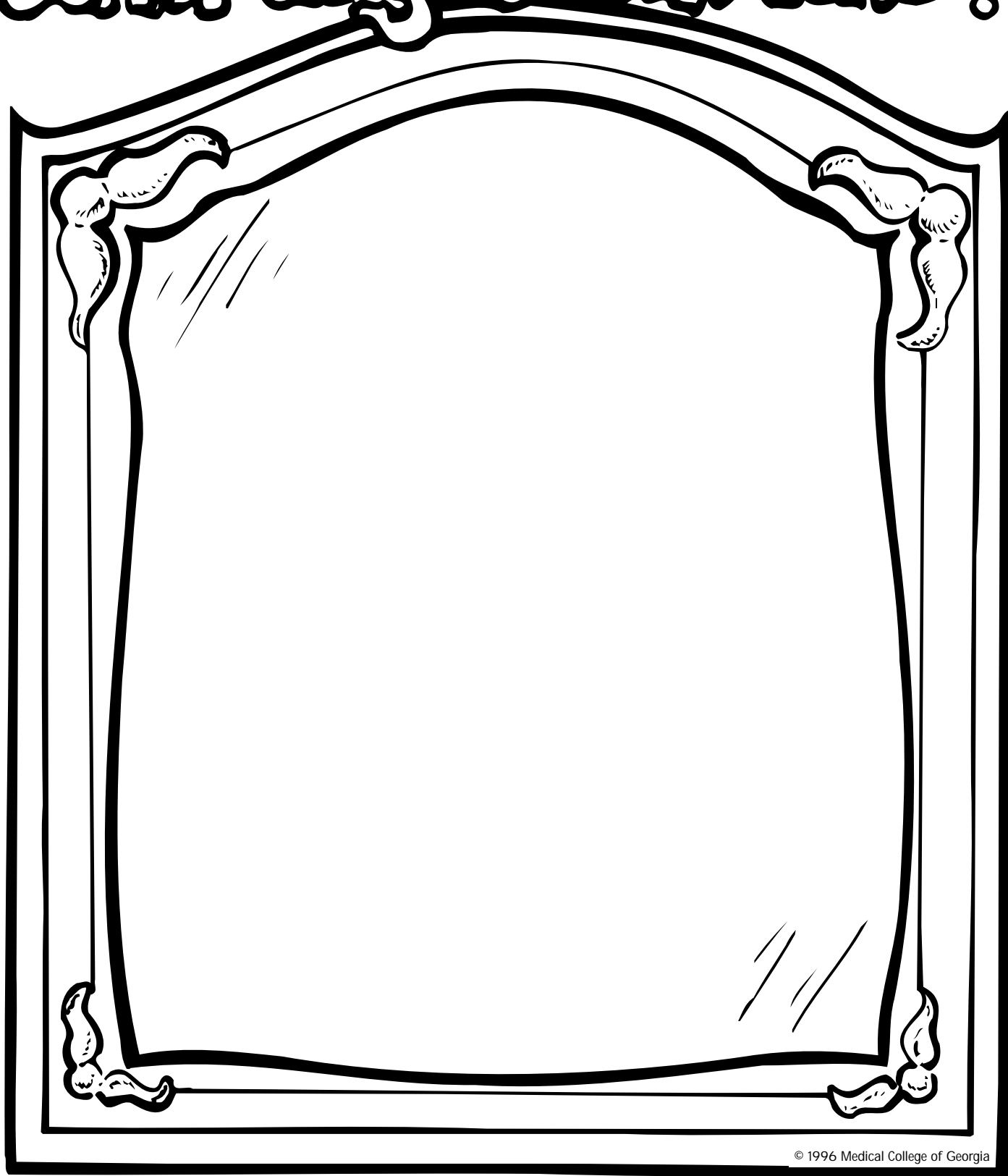




My name is _____

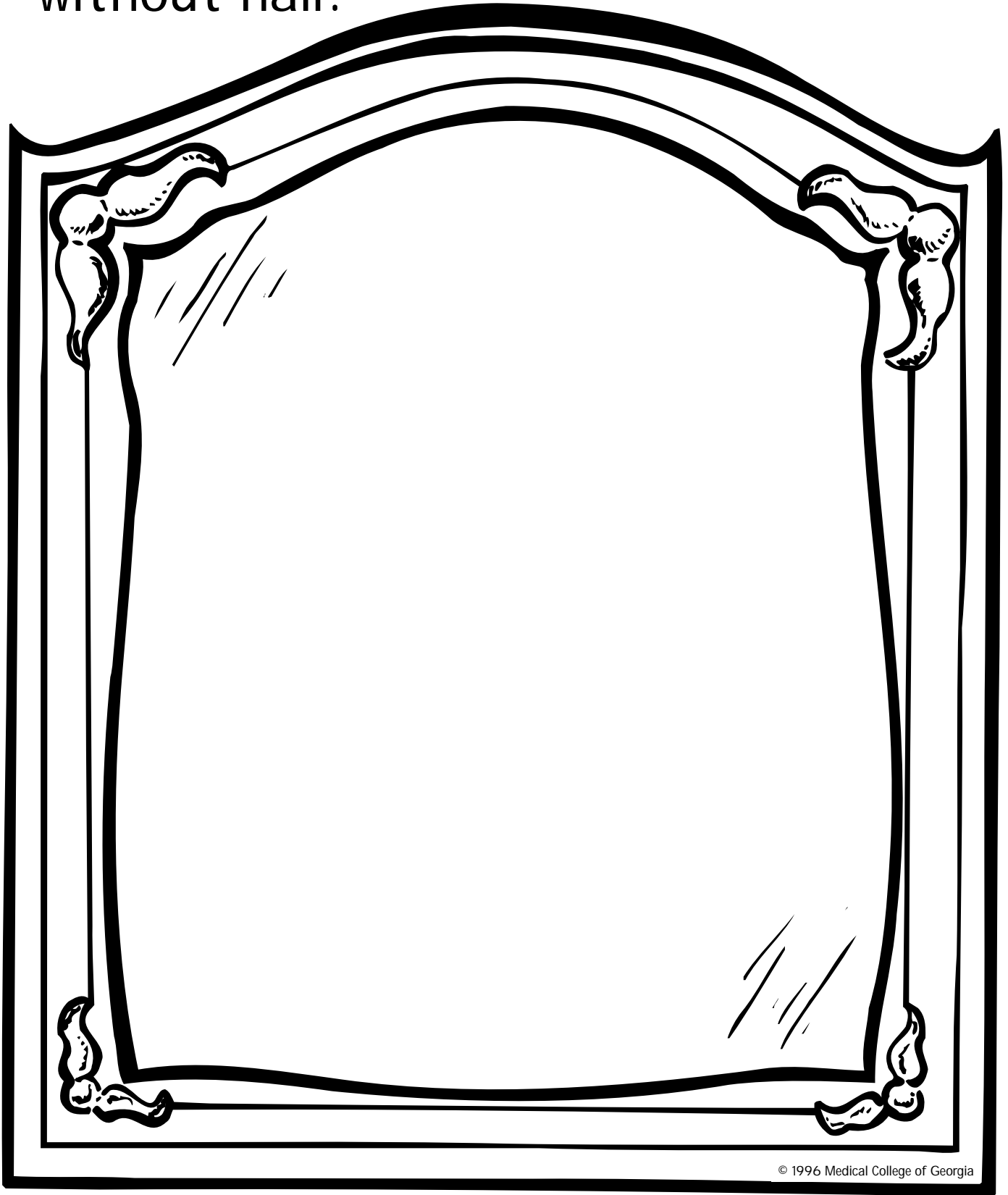
What do you look like?



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Draw your picture.

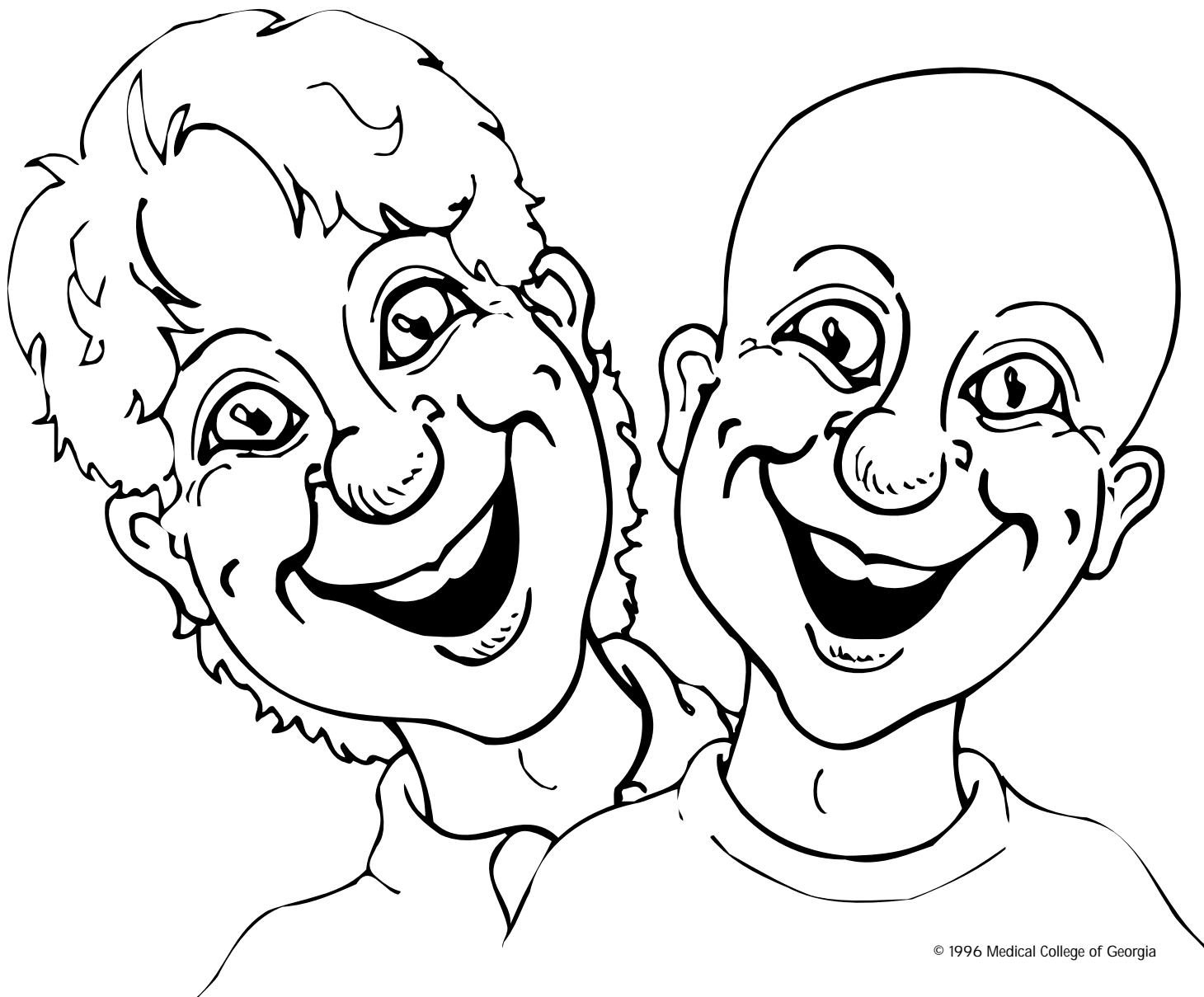
Now, imagine what you would look like without hair.



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DRAW YOUR picture.

Sometimes kids don't have hair.
It is just a part of how they look.
Do you have brown eyes?



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If you do, you know that it is just a part of how you look. It doesn't make you nice or mean, or dumb or smart.

What if someone teased
you because you have
brown eyes?



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It would make you sad,
because you know that who you are
is more important than how you look.

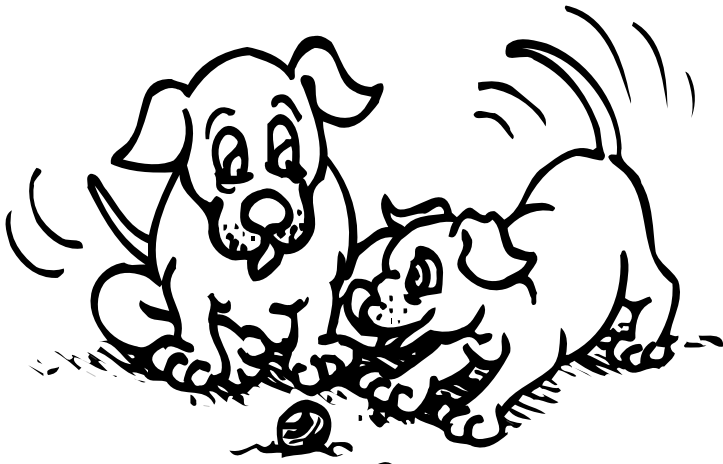
Usually people have hair,
but sometimes they don't.



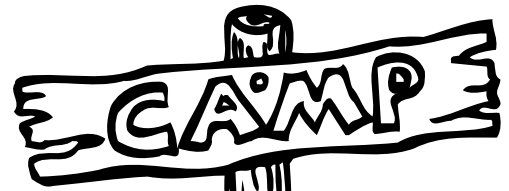
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Kids with no hair might look different,
but they really are the same as you.

They like a lot of the same things you like:



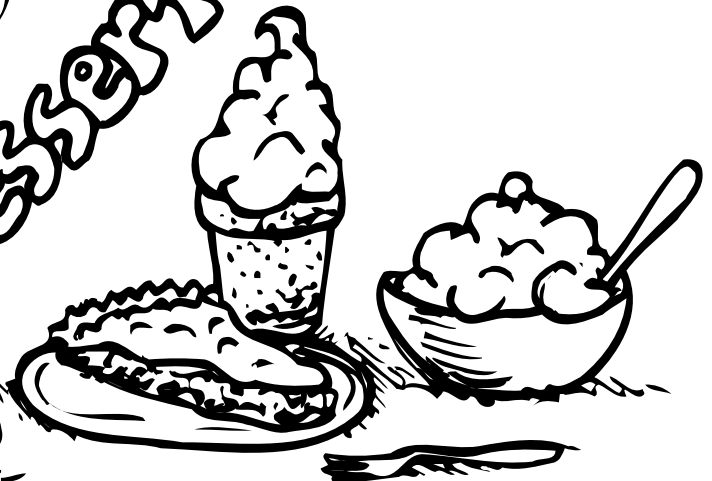
PUPPIES



PLAYING



DESSERTS



**DRAW SOME OTHER THINGS
YOU LIKE.**

They also don't like a lot of the same things you don't like:

Chores

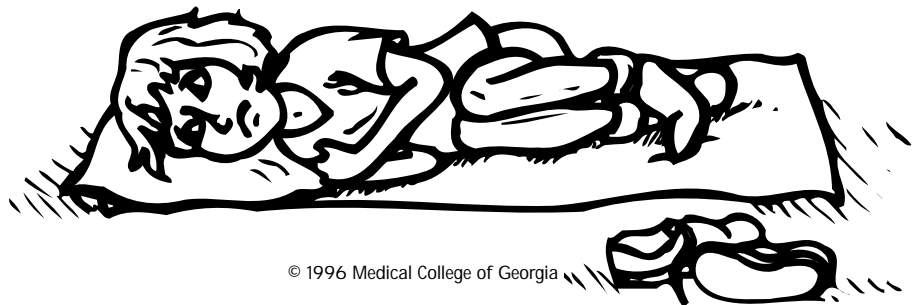


**MEAN
People**



Broccoli

NAPtime



What are some more things you don't like?

When people have no hair, it is sometimes called Alopecia Areata.

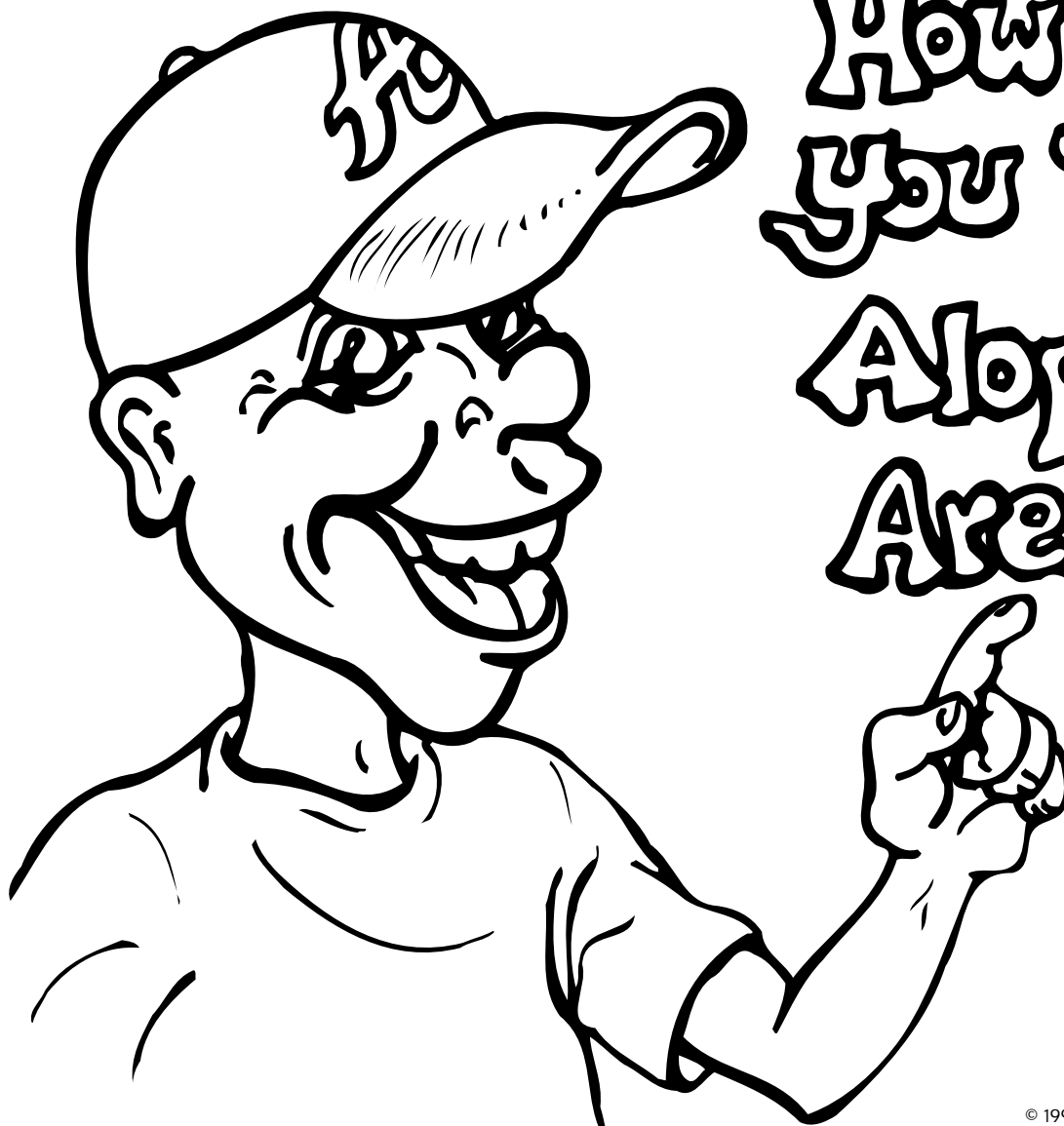
(Al-o-peesh-A
Ah-ree-Ah-ta)



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That's a big word. If you can learn it and know what it means, you are doing great!

How do
you "get"
Alopecia
Areata?



Sometimes kids are afraid that if they play with someone who has no hair, they will lose their hair too.



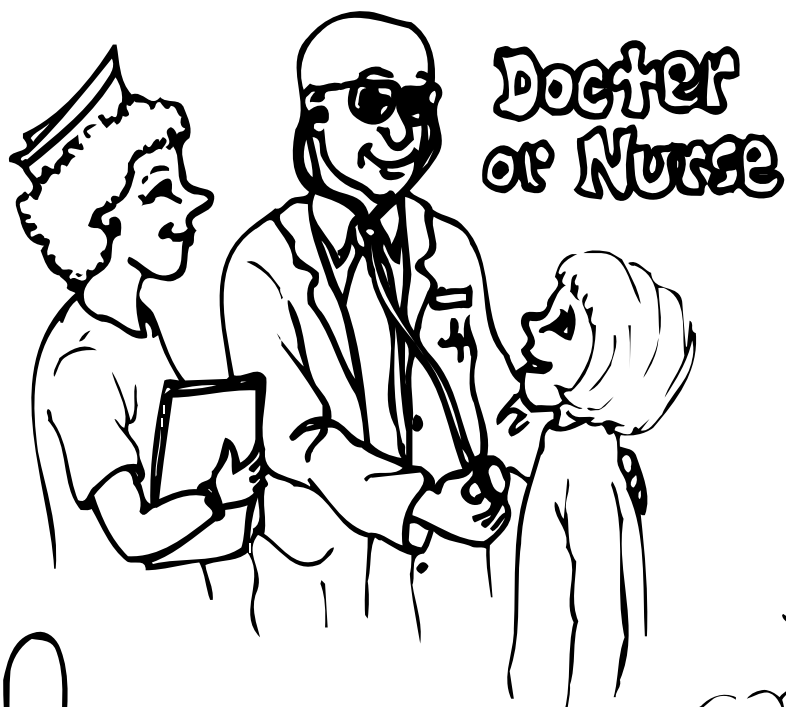
That isn't true though. You don't have to be Afraid.

If someone who has a cold sneezes on you, you might catch a cold too.

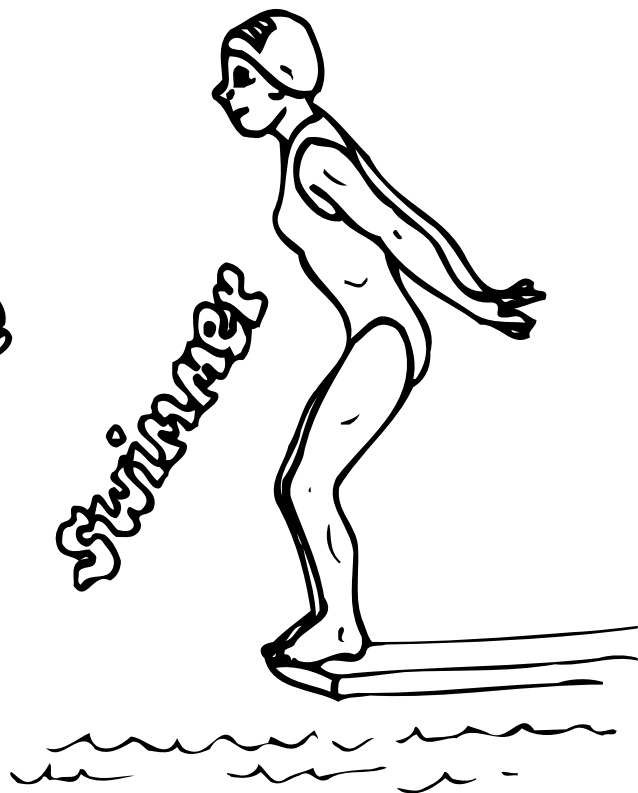


But it is impossible to "catch" Alopecia Areata!

Remember, everyone is special. People with no hair can be anything they want!



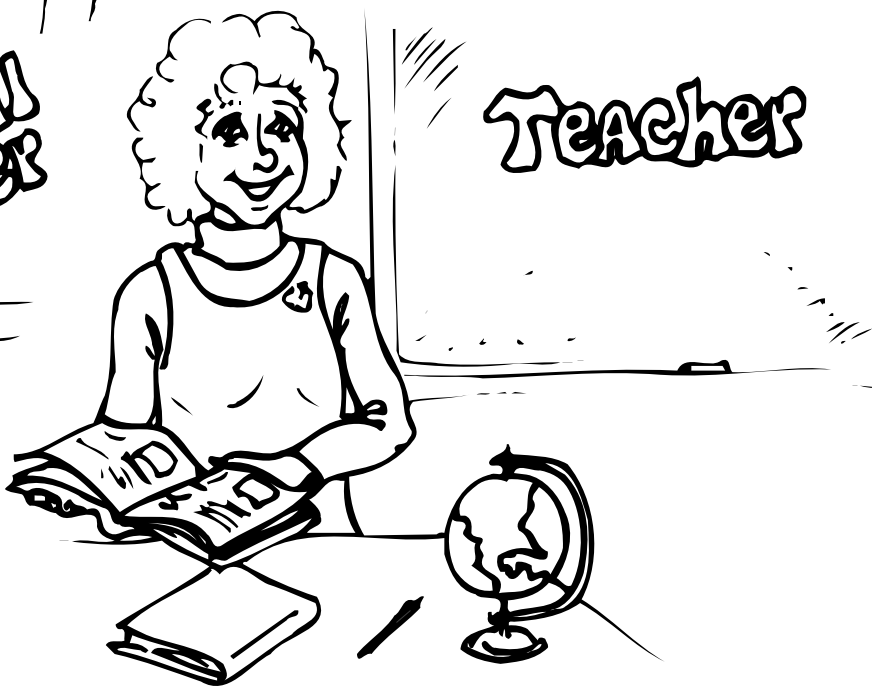
Doctor
of Nurse



Swimmer



Baseball
Player



Teacher

We hope you have had fun coloring these pictures and learning.



Now show this book to
someone you know so
they can learn too!!